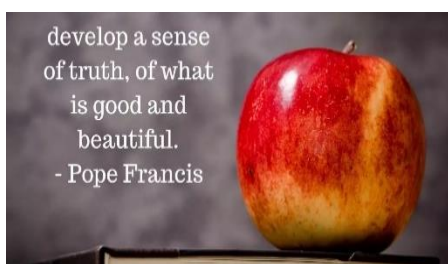


Post-Primary Diocesan Adviser R.E. News Blog

February / Feabhra 2021

Dear R.E Teacher/Chaplain,

Welcome to February's issue of the R.E blog. We are very aware that schools remain closed and you are working from home under challenging circumstances. These are not ordinary times, and we are being called to find strength and resilience to face each new day, each new challenge with faith and resilience. But Pope Francis reminds us that, our mission is to "develop a sense of truth, of what is good and beautiful" about our world. We must support one another in our work and remember that...



'Ar Scáth a chéile a mhaireann na daoine'

We are constantly trying to find new ways to continue to support you and this month we have three new and exciting initiatives to share with you. We have created a 'Wellness Wall' for teachers and chaplains. This contains beautiful spiritual reflections, information on self-care, updates on CPD, and resources for teaching and learning. You can find that information at the end of this blog. We are also inviting you to join us for a prayer journey through February in collaboration with 'Schools Faith Group'. Journeying together under the '*Shelter of Each Other*' will begin on Tuesday 2nd of February and continue on Tuesday the 9th and Tuesday the 23rd at 12.45p.m. These 15-minute prayer sessions are a way of connecting with the Sacred, with ourselves and with one another as we journey through these challenging days. More details will be emailed out soon. And our final initiative is in collaboration with Fr. Binoy and the students from Mountview/Blakestown schools and parishes. They have agreed to share a monthly video on a Saint whose day we celebrate in that given month. Please share all these new initiatives with friends and colleagues.

This month's blog continues with a calendar of events for February with a selection of resources linked to important dates from international justice, peace, and environmental calendars as well as important dates/feast days from religious calendars.

We will also continue to add resources as Gaeilge with the assistance of Sr. Mairéad Ni Bhuachalla.

Le gach dea-ghuí,

Lily Barry, Post-Primary Diocesan Adviser.

The Pope's Monthly Intentions for February 2021

As you are aware, each year, the Holy Father asks for our prayers for a specific intention each month. You are invited to answer the Holy Father's request and to join with many people worldwide in praying for this intention each month. For February 2021, the Pope's intention is a Universal intention for *Violence against women*.



Pope's Worldwide Prayer Network
UNITED STATES | CANADA
APOSTLESHIP OF PRAYER

We pray for women who are victims of violence, that they may be protected by society and have their sufferings considered and heeded.

Guímis ar son na mban a d'fhulaing foréigean, go dtuga an tsochaí cosaint dóibh agus go gcuire siad san áireamh an méid atá fulaingthe acu agus go dtuga siad aird air.

<http://popesprayerusa.net/popese-intentions/>

<https://www.usccb.org/prayer-and-worship/prayers-and-devotions/the-popes-monthly-intention>

February 1st

St. Brigid's Day / Lá Fhéile Bríde

Brigid is one of the great saints of Ireland. Irish people have prayed to her for many hundreds of years. St. Brigid was Abbess of the monastery at Cill Dara (the Church of the Oak) in the 6th century. Tradition tells us that as Brigid explained the passion and death of Christ to the dying pagan chieftain, she took some rushes from the floor of the bothán and fashioned a cross. The Old Irish custom of placing a St. Brigid's cross over the doors of dwelling houses and animal shelters thus began. People believed that in so doing Brigid would look after their households and stock and that full and plenty would be theirs in the year ahead. Later the custom of sprinkling the cross with holy water and invoking the following blessing began:

"May the Father, Son, Holy Spirit and St. Brigid bless this cross and all who look upon it."

People ask her blessing on themselves, their families, and their work. They use her name in prayer. For further resources and a short video on how to make St. Brigid's day crosses see:

<http://education.dublindiocese.ie/2012/02/21/ppsaintbrigid/>

<https://www.icatholic.ie/how-to-make-st-brigid-cross/>

https://www.catholic.org/saints/saint.php?saint_id=453

February 2nd

Presentation of the Lord / Candlemas Day

Toirbhirt an Linbh Íosa sa Teampall/ Lá Fhéile Muire na gCoinnle

Today the Church celebrates the feast of the Presentation of the Lord, which occurs forty days after the birth of Jesus and is also known as Candlemas day, where the blessing and procession of candles is included in today's liturgies.

In obedience to the Old Law, the Lord Jesus, the first-born, was presented in the Temple by his Blessed Mother and his foster father. This is another 'epiphany' celebration insofar as the Christ Child is revealed as the Messiah through the canticle and words of Simeon and the testimony of Anna the prophetess.

Christ is the light of the nations, hence the blessing and procession of candles on this day. In the Middle Ages this feast of the Purification of the Blessed Virgin Mary, or 'Candlemas,' was of great importance.

<https://www.catholicculture.org/culture/liturgicalyear/calendar/day.cfm?date=2021-02-02>



February 3rd

Feast Day of St. Blaise / Lá Fhéile Naomh Bláisias



St. Philip the Apostle
Mountview & Blakestown Parish
Dublin 15

Today's feast day reflection is shared with us by
Grace from Huntstown Parish.

*Thank you, Grace, for a beautiful
introduction to St. Blaise!*

About our contributor!

My name is Grace. I am fifteen years old. I am the eldest of five children: I've three sisters and one brother. My Dad is from Romania and my Mum is from Ireland, but I have always lived in Huntstown parish in Dublin 15. I like to play sports like football and basketball. I also love reading the Bible and playing worship songs on the guitar for Jesus. This year I am a third year in Secondary School so I'm waiting to find out whether or not I will be doing my Junior Cert in June!

Watch Grace on YouTube presenting the story of St. Blaise!

<https://youtu.be/OxWVGnNXOsc>



"Today, February 3, we celebrate the feast of *Saint Blaise*, the patron saint of the sick, Bishop of Sebaste in Armenia and martyred under Licinius.

Saint Blaise was born into a rich noble family, in Armenia, where he trained as a physician. His piety and charity, as well as his ministry to the ill, led to his being appointed Bishop of Sebaste (Armenia), shortly after the Edict of Tolerance was passed by the Roman Emperor.

While this edict allowed the free religious practices of Christians, the implementation of the edict was slow to arrive in Armenia, and Saint Blaise was at risk of persecution.

Warned in a dream by the Lord, Saint Blaise fled the city, journeying deep into the wilderness, living as a hermit, and befriending the wild animals that dwelled there.

Agricola, governor of Cappadocia, came to Sebaste to persecute Christians. His huntsmen went into the forests of Argeus to find wild animals for the arena games and found many waiting outside Blaise's cave.

The legend has it that as the hunters hauled Blaise off to prison, a mother came with her young son who had a fish bone lodged in his throat. At Blaise's command the child was able to cough up the bone.

Blaise was arrested, and Agricola tried to get him to recant his faith. The first time Blaise refused; he was beaten. The next time he was suspended from a tree and his flesh torn with iron combs or rakes. Finally, he was beheaded.

He is invoked for all throat afflictions, and on his feast two candles are blessed with a prayer that God will free from all such afflictions and every ill all those who receive this blessing".

Saint Blaise pray for us.

For some more short, interesting videos on St. Blaise see:

https://www.youtube.com/watch?v=3yGRtx_ITgA

<https://www.twinkl.ie/resource/roi2-re-171-saint-blaise-powerpoint>

February 8th International Day of Prayer and Awareness against Human Trafficking Lá Idirnáisiunta chun aird a dhíriú ar mhangaireacht daonna agus guí ina choinne

Pope Francis has stated that, human trafficking is, “without doubt,” a crime against humanity for its violation of human dignity and freedom. Trafficking, he said, “constitutes an unjustifiable violation of the freedom and dignity of the victims, constitutive dimensions of the human being wanted and created by God. This is why it is considered a crime against humanity...Trafficking seriously damages humanity as a whole, tearing apart the human family and the Body of Christ”.

Francis said trafficking in people is the worst manifestation of the commodification of others. It not only hurts victims, but it destroys the humanity of those doing the trafficking or taking advantage of victims, because it denies them access to the abundant life of Jesus.



<https://preghieracontrotratta.org/>

<https://www.catholicworldreport.com/2019/04/11/pope-francis-calls-human-trafficking-a-crime-against-humanity/>

<https://www.youtube.com/watch?v=HNGEnPpbT-k>

February 8th St. Josephine Bakhita / Naomh Seosaimhín Bakhita

Today is also the feast day of St. Josephine Bakhita (1869 to 1947). She was kidnapped as a child and sold into slavery in southern Sudan and Italy. Once Josephine was freed, she became a Canossian nun and dedicated her life to sharing her testament of deliverance from slavery and comforting the poor and suffering. She was declared a Saint in 2000 and is the Patron Saint for Anti-Trafficking in the Catholic faith. **Prayer to end Human Trafficking.**

O God, when we hear of children and adults
deceived and taken to unknown places
for purposes of sexual exploitation, forced labour, and organ ‘harvesting’,
our hearts are saddened and our spirits angry
that their dignity and rights are ignored through threats, lies, and force.
We cry out against the evil practice of this modern slavery,
and pray with Saint Bakhita for it to end.

<https://www.franciscans.ie/human-trafficking-day-of-prayer/>

Watch the beautiful prayer song: "Can you see me?" by Margaret Scharf OP on:

<https://youtu.be/3IV4zTVQLdU>

February 9th

Safer Internet Day / Sábháilteacht ar an Idirlíon



Safer Internet Day (SID) is an EU wide initiative to promote a safer internet for all users, especially young people. It is promoted in Ireland by the PDST Technology in Education and Webwise.

Safer Internet Day Online Wellbeing Guest Panel Discussion

On Safer Internet Day Webwise will broadcast a short webinar for post-primary students reflecting on the role technology has played in our lives this year and explores ways to help students manage their online wellbeing. The event will provide an opportunity to hear about the experiences of figures from the world of entertainment, sport, cyberpsychology and the tech industry. Joining the discussion are 2FM's; Eoghan McDermott, Cyberpsychologist; Dr Nicola Fox-Hamilton, Public Policy Lead for Kids and Families at Google; Dr Alicia Blum-Ross, All-Ireland winning Dublin Footballer Eamon Fennell. The discussion will be hosted by Webwise Youth Advisory panel member Billie Constantinou.

The event will be available online on Safer Internet Day, Tuesday, February 9th via [Webwise.ie](https://www.webwise.ie) and can be found on the Webwise Ireland Facebook and Twitter channels.



<https://www.webwise.ie/saferinternetday/>

February 10th

Memorial of St. Scholastica / Cuimhneachán N. Scholastica

St. Scholastica was the twin sister of St. Benedict, the Patriarch of Western monasticism. Like her brother, she dedicated herself to God from early youth. She was born in Umbria, Italy, about 480. Under Benedict's direction, Scholastica founded a community of nuns near the great Benedictine monastery Monte Cassino. Inspired by Benedict's teaching, his sister devoted her whole life to seeking and serving God. She died in 547 and tradition holds that at her death her soul ascended to heaven in the form of a dove.

"Saint Scholastica, you established the woman's branch of the Benedictine Religious Order, and so gave Christian women their own communities to govern and rule. Help all who invoke your intercession to remain anonymous and humble even when developing great plans for God and His Church. You are great and you are unknown. Help us to desire the same", Amen.



Montecassino Abbey is the first monastery of the Benedictine Order. Having been dutifully cared for, the earthly remains of St. Benedict and his twin sister St. Scholastica rest today at the celebrated hilltop monastery of Montecassino Abbey.

<https://www.catholicculture.org/culture/liturgicalyear/calendar/day.cfm?date=2021-02-10>

February 11th World Day of the Sick and the Feast of Our Lady of Lourdes Lá Domhanda na nEaslán agus Taibhsiú na Maighdine Muire i Lourdes

February 11th is World Day of the Sick, an observation started by Pope John Paul II as a way for believers to offer prayers for those suffering from illnesses. The day coincides with the commemoration of Our Lady of Lourdes.

People around the world take the time to pray for the sick and for those who work very hard to alleviate the sufferings of the sick on this day. Faith organisations mark this day especially to provide the sick with medicines, food, and spiritual guidance. Pope John Paul II initiated the day in 1992 to encourage people to pray for those who suffer from illness and for their caregivers.

<https://www.awarenessdays.com/awareness-days-calendar/world-day-of-the-sick-2021/>

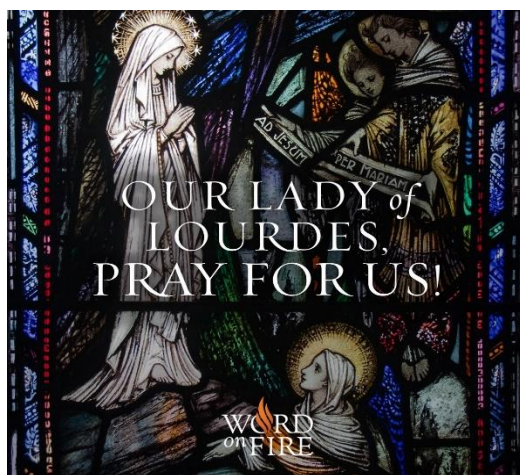
World Day of the Sick 2021: This year's theme is:

"You have but one teacher and you are all brothers" (Mt 23:8). A trust-based relationship to guide care for the sick

"The celebration of the XXIX World Day of the Sick on 11 February 2021, the liturgical memorial of the Blessed Virgin Mary of Lourdes, is an opportunity to devote special attention to the sick and to those who provide them with assistance and care both in healthcare institutions and within families and communities. We think in particular of those who have suffered, and continue to suffer, the effects of the worldwide coronavirus pandemic. To all, and especially to the poor and the marginalized, I express my spiritual closeness and assure them of the Church's loving concern...To Mary, Mother of Mercy and Health of the Infirm, I entrust the sick, healthcare workers and all those who generously assist our suffering brothers and sisters. From the Grotto of Lourdes and her many other shrines throughout the world, may she sustain our faith and hope, and help us care for one another with fraternal love" (Pope Francis).

http://www.vatican.va/content/francesco/en/messages/sick/documents/papa-francesco_20201220_giornata-malato.html

Our Lady of Lourdes / Muire Lourdes



Today marks the first apparition of the Blessed Virgin Mary in 1858 to fourteen-year-old Marie Bernadette (St. Bernadette) Soubirous. Between February 11 and July 16, 1858, the Blessed Virgin appeared eighteen times, and showed herself to St. Bernadette in the hollow of the rock at Lourdes. On March 25, she said to the little shepherdess who was only fourteen years of age: ***"I am the Immaculate Conception."*** Since then, Lourdes has become a place of pilgrimage and many cures and conversions have taken place. The message of Lourdes is a call to personal conversion, prayer, and charity.

<https://www.catholicculture.org/culture/liturgicalyear/calendar/day.cfm?date=2021-02-11>

February 11th International Day of Women and Girls in Science

Lá Idirnáisiúnta Tiomnaithe do Mhná agus do Chailíní san Eolaíocht

“To rise to the challenges of the 21st century, we need to harness our full potential. That requires dismantling gender stereotypes. On this International Day of Women and Girls in Science, let’s pledge to end the gender imbalance in science” (UN Secretary-General António Guterres).



In order to achieve full and equal access to and participation in science for women and girls, and further achieve gender equality and the empowerment of women and girls, the United Nations General Assembly adopted resolution A/RES/70/212 declaring 11 February as the International Day of Women and Girls in Science.

The International Day of Women and Girls in Science, is implemented by UNESCO and UN-Women, in collaboration institutions and civil society partners that aim to promote women and girls in science. This Day is an opportunity to promote full and equal access to and participation in science for women and girls. Gender equality is a global priority for UNESCO, and the support of young girls, their education, and their full ability to make their ideas heard are levers for development and peace. Join the conversation with #WomenInScience!

<https://www.un.org/en/observances/women-and-girls-in-science-day/>

February 14th

St. Valentine / Naomh Vailintín, Pátrún an Ghrá

Saint Valentine, officially known as Saint Valentine of Rome, is a third-century Roman saint widely celebrated on February 14 and commonly associated with "courtly love."

Although not much of St. Valentine's life is reliably known, and whether or not the stories involve two different saints by the same name is also not officially decided, it is highly agreed that St. Valentine was martyred and then buried on the Via Flaminia to the north of Rome.

In 1969, the Roman Catholic Church removed St. Valentine from the General Roman Calendar, because so little is known about him. However, the church still recognizes him as a saint, listing him in the February 14 spot of Roman Martyrology.

Relics of St Valentine are venerated in the Carmelite Church in Whitefriar St in Dublin. The history given is that in 1835 Fr John Spratt, the then Prior of the Carmelite Church in Whitefriar St, Dublin, on a visit to Rome received the relics of St Valentine martyr from Pope Gregory XVI (1835) and installed them in his church, where they became an object of great devotion. The website of the Irish Carmelites tells two stories about Valentine which give some indication why this devotion developed.

<https://www.catholicireland.net/saintoftheday/st-valentine-d-269-bishop-and-martyr/>
<http://www.carmelites.ie/stvalentine.html>

February 17th

Ash Wednesday / Céadaoin an Luaithrigh

Ash Wednesday opens Lent, a season of fasting and prayer. Ash Wednesday takes place 46 days before Easter Sunday, and is chiefly observed by Catholics, although many other Christians observe it too.



Ash Wednesday comes from the ancient Jewish tradition of penance and fasting. The practice includes the wearing of ashes on the head. The ashes symbolize the dust from which God made us. As the priest applies the ashes to a person's forehead, he speaks the words: "Remember that you are dust, and to dust you shall return." Alternatively, the priest may speak the words, "Repent and believe in the Gospel." Ashes also symbolize grief, in this case, grief that we have sinned and caused division from God. Writings from the Second-century Church refer to the wearing of ashes as a sign of penance. The ashes are made from blessed palm branches, taken

from the previous year's Palm Sunday Mass.

<http://education.dublindiocese.ie/2012/06/24/pplentenresources/>
<https://www.catholic.org/lent/livinglent.php>

Follow #LivingLent 2021 for daily reflections and guidance throughout the Lenten Journey.

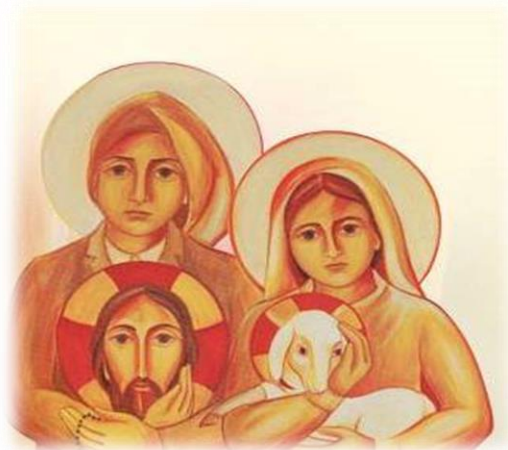
www.catholicbishops.ie



February 20th Saints Jacinta and Francisco Marto / N. Jacinta agus Francisco Marto

On February 20, the liturgical Feast of Saints Francisco and Jacinta Marto, the two little shepherd children of Fatima, is celebrated. The devotion to these new saints is increasing all around the world and there are many parishes and prayer groups commemorating this Feast date with some liturgical celebration.

Francisco Marto was born in Aljustrel, Fatima, on June 11, 1908, and his sister Jacinta Marto was born in the same locality, on March 11, 1910. In their humble family, the children learned to know and to praise God and the Virgin Mary. In 1916, they saw three times an Angel and in 1917, they saw six times the Blessed Virgin Mary, asking them to pray and to make penance for the conversion of sinners and to obtain peace in the world. Both, immediately, wanted to answer with all their strength, to these exhortations. More and more inflamed in the love to God and to the souls, they had only one aspiration: to pray and to suffer according to the requests from the Angel and the Blessed Virgin Mary. Francisco died on April 4, 1919 and Jacinta on February 20, 1920. Pope Saint John Paul II travelled to Fatima on May 13, 2000, in order to beatify the two children. Pope Francis came to Fatima on May 13, 2017, during the Centenary of the Apparitions, and canonized the two first non-martyr children in the history of the Church.



<http://www.worldfatima.com/en/759-feast-of-saints-francisco-and-jacinta-marto>

February 20th

World Day of Social Justice

Lá Domhanda Tiomnaithe do Cheartas Sóisialta

World Day of Social Justice is an international day recognising the need to promote social justice, which includes efforts to tackle issues such as poverty, exclusion, gender equality, unemployment, human rights and social protections. Social justice is an underlying principle for peaceful and prosperous coexistence within and among nations.



The United Nations assert that we uphold the principles of social justice when we promote gender equality, or the rights of indigenous peoples and migrants. We advance social justice when we remove barriers that people face because of gender, age, race, ethnicity, religion, culture, or disability. For the United Nations, the pursuit of social justice for all is at the core of our global mission to promote development and human dignity.

<https://www.un.org/en/observances/social-justice-day>

<https://www.greengrowthknowledge.org/event/world-day->

[social-justice](#)

Let us begin our Lenten Journey this month in prayer.

Each and every day we are called on to become closer to God. We can answer that call with our actions and our prayers. This Lenten Season take a step closer to the Lord with these special Lenten prayers.



<https://youtu.be/caez3hll13Q>

God, heavenly Father, look upon me and hear my prayer during this holy Season of Lent.

For You, O Christ, our God, are the enlightenment of our souls and bodies.

Take hold of me with Your love, that same foolish love that knew no limits, and let me offer myself to the Father with You so that I may rise with You to eternal life.

Ceiliúradh Cairdis
Lá Fhéile Vailintín, Pátrún an Ghrá
14ú Feabhra



Coinneal chumhra, 'croíthe' dearga, cártaí réamh-dhéanta

Cinnire: Táimid ag ceiliúradh Lá Fhéile Vailintín, Pátrún an Ghrá.

Cérbh é Naomh Vailintín? Sagart agus mairtíreach a cuireadh chun báis sa Róimh breis is 1,700 bliain ó shin.

Cén fáth gur cuireadh chun báis é? Mar thug sé a bheannacht do lánúineacha a bhí i ngrá! Ní raibh fonn ar na fir óga san am sin troid in arm an Impire Rómhánaigh, Claudius. Chuir Claudius an milleán ar na mná agus d'ordaigh sé gach pósadh agus gealltanas pósta a chur ar ceal agus bhí an bás i ndán d'aon duine a chuirfeadh ina choinne. Níor aontaigh Vailintí leis sin. Cuireadh i bpríosún é agus dícheannadh é sa Róimh ar an 14ú Feabhra 269/270 A.D.

An bhfuil aon bhaint aige le Baile Átha Cliath? Tá a thaisí in Eaglais na gCairmilíteach i Sráid na mBráithre Bána. Tugann lánúineacha cuairt ar an scrín ansin chun a bheannacht a iarraidh ar a bpóstaí.

Cad is grá ann? Seo mar a deir Naomh Pól:

“Bíonn an grá foighneach agus bíonn sé lách; ní bhíonn éad air; ní dhéanann sé maíomh ná mórtas; ní bhíonn sé mí-mhúinte ná leithleasach... Ní áil leis an éagóir ach is aoibhinn leis an mhaith. Bíonn sé lán..de chreideamh, lán de dhóchas agus lán d'fhoighne.” (1 Cor. 13: 4 -7)

An duine grámhar tusa?

An mbíonn tú foighneach.. lách.. gan éad.. gan mhaíomh.. gan a bheith mí-mhúinte.. gan a bheith leithleasach..?

An bhfuil aithne agat ar aon duine go bhfuil na tréithe sin aici/aige?

Cinnire: Tá cártaí Vailintín anseo, cártaí inar scríobh sibh rudaí maithe i dtaobh a chéile agus táim chun iarraidh ar Dhia iad a bheannú.

Beannú na gCártaí



A Dhia, cuir do bheannacht ar na cártaí seo ina gcuirimid ár ngrá do dhaoine eile in iúl mar a rinne Naomh Vailintín. Go gcuire na cártaí seo áthas, lúcháir, aoibhneas agus gliondar ar na daoine a scríobh iad agus ar na daoine a gheobhaidh iad. Sin é ár nguí chugat trí Chríost ár dTiarna. **Áiméan**

Déantar uisce coisricthe a chroitheadh ar na cártaí.

Cad as a dtagann an grá? Seo mar a deir Naomh Eoin:

“Tugaimis grá dá chéile mar gur ó Dhia an grá agus an té a thugann grá is ó Dhia a rugadh é, agus aithníonn sé Dia..mar is é Dia an Grá... Sheol sé a aonmhac sa saol le go mairimis-ne trídsean..ós fíor gur thug Dia grá dúinne nach mithid dúinne grá a thabhairt dá chéile... Má thugaimid grá dá chéile maireann Dia ionainn.” (1 Eoin 4: 7 - 12)

Cad is fíor-ghrá ann? Seo mar a deir Naomh Eoin:

“Ná tugaimis grá briathair ná cainte amháin, ach grá gnímh agus fírinne.”
(1 Eoin 3: 18)

Paidreacha

1. A Dhia ghrámhair, níl teorainn le do ghrá. Is cuma an bhfuilimid dathúil nó mí-dheas, bocht nó saibhir, óg nó aosta, tugann tú grá dúinn. Cabhraigh linn-ne aithris a dhéanamh ar do ghrá.
2. A Dia, is tú údar gach maitheasa, taispeáin dúinn conas an mhaith a aithint i ngach duine a chastar orainn.
3. A Dhia, cabhraigh linn fíor-ghrá a chleachtadh, ní le briathra amháin, ach le gníomhartha chomh maith, mar a rinne do mhac, Íosa agus Naomh Vailintín.
4. Iarraimid ort, a Dhia, do bheannacht a chur ar ár gcairdis. Cuir i gcuimhne dúinn, a Dhia, go bhfuil an grá i gcroí-lár na beatha, agus go bhfuil seirbhís do dhaoine eile i gcroí-lár an ghrá.
5. A Dhia flaithiúil, tugann tú grá dúinn gan choinníollacha. Ní chaillimid do ghrá nuair a dhéanaimid peaca agus maireann do ghrá-sa go deo. Ná lig dúinn dearmad a dhéanamh air sin choíche.

Cinnire: Imigí faoi shíocháin chun grá agus seirbhís a thabhairt dá chéile.

Áiméan.

Cairde Dílse

1

*Tá cairde agat, ní gá duit bheith leat féin.
Bí buíoch dóibh siúd, ní gá duit bheith leat féin.
Tá tú láidir, ní bheidh tú i d'aonar go deo.
Má bhíonn sé fliuch, tugann siad foscadh duit.
Má bhíonn tú tinn, tugann siad faoiseamh duit.
Ardóidh siad do chroí, má bhíonn tú faoi bhrón.*

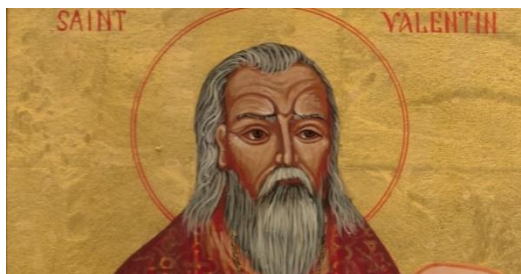
Curfá

*Cairde dílse mór-thimpeall ort,
Cairde dílse i gcónaí leat,
Cairde dílse mór-thimpeall ort go deo.*

2

*Má tá cairde i bhfad ó chéile
Bíonn siad fós i bpáirt le chéile.
Ní bhíonn siad riamh go brónach leo féin.
Bíonn siad ag smaoineamh ort,
Is i gcónaí ag guí duit.
Ní bheidh tú i d'aonar go deo.*

Fil Uí Dhubhghaill, Finbar O'Connor, ó Beo Go Deo 8



Other Dates/Information (Dataí Eile/Eolas):

Archdiocese of Dublin/Ard-Dheoise Bhaile Átha Cliath

See the Archdiocese of Dublin website for information on events, which take place throughout the diocese. <http://www.dublindiocese.ie/> or follow the Diocese on Facebook.

<https://www.facebook.com/DublinDiocese/photos/a.336758473023201/2786129244752766/?type=3>

Journeying together under the 'Shelter of Each Other'



Schools Faith Group invites you to join us for a prayer and reflection journey through February.

Beginning on **Tuesday 2nd of February** and continuing on **Tuesday the 9th and Tuesday the 23rd at 12.45p.m.**

These 15-minute prayer sessions are a way of connecting with the Sacred, with ourselves and with one another as we journey through these challenging days.

"The Lord found him out in the wilderness, in an empty, windswept wasteland. He threw his arms around him, lavished attention on him, guarding him as the apple of his eye."

(Deuteronomy 32:10)

Schools Faith Group is a collaboration between the Education Secretariat Dublin Diocese, Loreto Trust, and Spiritan Trust.

This prayer initiative is in collaboration with Catherine Clarke, Chaplain in Portmarnock C.S and Sr. Edel Murphy O.P, Primary Diocesan Adviser, Dublin Archdiocese.

Contact:

lily.barry@dublindiocese.ie

kfitzpatrick@loretoeducationcentre.ie

ronan.barry@spiritaneducation.ie

cforcatherine@gmail.com

edel.murphy@dublindiocese.ie

Please find below the link for all three prayer sessions:

<https://us02web.zoom.us/j/83113128906?pwd=c0NuK1hid0N0cTZRUJDZBSm5aNGRnZz09>

Passcode: 12345

Resources as Gaeilge

If you require any resources in Irish, please contact me and I will access them with the help of Sr. Mairéad Ni Bhuachalla.

Nutrition for the Soul / Cothú don Anam

Excellent resources available from Pat Murphy, including reflections, posters, and badges for your students. See <https://patsnutritionforthesoul.blogspot.com/>

Combined Parishes of Clondalkin / Frank Brown

Frank Brown, Parish Pastoral Worker from the Combined Catholic Parishes of Clondalkin has excellent resources for each month. See <https://www.facebook.com/TheCCPCDublin/> and www.clondalkinparish.com @TheCCPCDublin 086 101817.

Check out our new resource 'A Wellbeing Wall for Chaplains and Teachers'.

Using Padlet, we have created an online space to support your self-care and professional practice. The resources shared on the Wellbeing Wall will be updated according to the needs that we face in our schools over the course of the school year.

You can find the following support on our Wellbeing Wall right now:





- Pastoral Care and Professional Practice during Covid-19
- Self-Care to help you Relax and Replenish.
- Self-Care to help you Build and maintain Resilience.
- Chaplaincy: What am I called to do or be?
- Liturgy ideas
- Other resources for teaching and learning.
- Suggestions for your Continuous Professional Development.

The Wellbeing Wall can be accessed by the following link and we hope you find it a very useful resource going forward: <https://padlet.com/chrisgueret/4icneanuhxcjv8bi>

This resource is easy to use with all materials on it easily downloadable for your convenience. It is our hope that this becomes a collective space where we each share ideas and resources that have worked well in our school communities. We encourage you to contribute to the Wellbeing Wall by emailing either lily.barry@dublindiocese.ie or chris.gueret@rosmini.ie

If you wish to send us an idea that you have, a resource that you made or even a link to a source that you found very useful, we would really appreciate it. You may also wish for a new topic to feature on the Wellbeing Wall covering an area of support that we have not yet provided.

Covid Reflections – A Vaccine of Hope

Where do we go from Here? Fr. Paddy Byrne Monday 1 st February at 7.0pm	
Coping with the Pandemic: A Student Perspective Alix Noonan Tuesday 2 nd February at 7.00pm	
Staying Calm in a Time of Anxiety John Lonergan Wednesday 3 rd February at 7.00pm	
Vaccine of Laughter Hector Ó hEochagáin Thursday 4 th February at 7.00pm	
Managing Addiction during the Pandemic John Leahy Friday 5 th February at 7.00pm	
What Makes us Fully Alive Today? Fr. John Harris OP Saturday 6 th February at 7.00pm	

FEBRUARY 1ST – FEBRUARY 6TH

STREAMED LIVE FROM ST. KEVIN'S CHURCH, LITTLETON

<https://moycarkeyborris.ie/live-feed/>

New Textbooks for Leaving Cert Religion exam & non-exam by Paul McAndrew.

The “**A little bit of...**” eBook series is now available to buy on Amazon for about €10 each. They cover all the topics from Unit 2 of the Leaving Cert Religious Education Syllabus.

The examples here illustrate the content prescribed on the syllabus and are the most up to date available to Leaving Cert Religion students & teachers in Ireland.

The author, Paul McAndrew, has been teaching Leaving Cert Religious Education since 2006 and has a master’s degree in Theology. He presently teaches in the Institute of Education, Dublin.

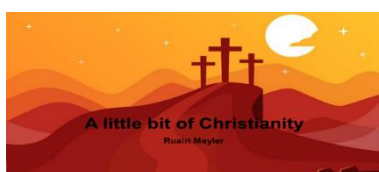
'A Little Bit of World Religions' by Paul McAndrew

This book covers Unit 2, Section C, World Religions, and is designed to give the student all the information required to answer the exam questions on this section. Experts in each religion have added to and edited chapters on their own faiths. All chapters are accompanied by the relevant past exam questions.

Amazon.co.uk: Kindle Store www.amazon.co.uk, <https://www.amazon.co.uk/dp/B08L5C78PR>

“A little bit of Christianity” by Ruairi Meyler, with Paul McAndrew

This book covers Unit 2, Section B, Christianity, Origins and Contemporary Expressions.



This book is a straightforward and up to date text book that follows the structure of the Leaving Cert Religion Syllabus and addresses each one in its content. All chapters are accompanied by the relevant past exam higher level questions.

Amazon.co.uk: Kindle Store www.amazon.co.uk

www.amazon.co.uk/Little-Bit-Christianity-Ruair%C3%AD-Meyler-ebook/dp/B08P9M2D3K

“A little bit of Moral Decision Making” by Paul McAndrew

This book covers Unit 2, Section D Moral Decision Making. It is the most up to date book for this topic on the market. The idea behind “A little bit of Moral Decision Making” is to give students of Leaving Cert Religious Education a definitive and informative guide to this section of the course. It defines key words, provides past exam questions and detailed commentary of each topic on the syllabus for this section of the course.

Amazon.co.uk: Kindle Store www.amazon.co.uk , www.amazon.co.uk/Little-Bit-Moral-Decision-Making-ebook/dp/B08QW4ZQYH

Here is a sample...Morality is a fascinating topic. The general understanding is that it is a basis for determining right and wrong or the principle that outlines the distinction between what is right and wrong; what is consider good or bad, in a particular situation or society.

However, it is not a universal distinction, meaning that not everyone will agree on what is right or wrong. In many cases people will see other people’s actions as morally wrong, though the people carrying out the actions will see them as right.

Thursday 4th February 2021 - 2.00 – 3.30 2021 Diocesan Inservice – Online. All Welcome!



diocese
of limerick
our catholic community



‘Be transformed by the renewing of your mind.’ (Rm 12.2)

Fr. Brendan McManus S.J. ‘Finding God in the Mess’

Thursday 11th February 2.00 – 3.30

Mr. Daniel O’Connell, MIC Limerick on Using Parables in the Classroom

Thursday 25th February 2.00 – 3.30

Mr. Brian Flannery, JECSE, Development and Maintaining a Characteristic Spirit in Schools

To Register: email dermot.cowhey@limerickdiocese.org (085 8623904)