**The Pilgrim Path of Life**

Our walk with God   
is never a lonely walk,   
it is a family occasion,   
if taken in the company   
of God's children.   
If we lag behind,   
there are those who will turn   
and offer words of encouragement,   
hold out a hand and offer assistance   
over stiles and other obstacles,   
share refreshment,  
help us from our knees   
when we stumble.

**PILGRIM PATH**

**Each Day of Our Lives We Walk on Hallowed Ground**

Today…

Take Time

Be Attentive

Be Aware



**This is what Yahweh asks of you : only this,**

**To act justly,**

**to love tenderly**

**and to walk humbly with your God.**

**Micah 6:8**

**Shoes**

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**Protect your feet along the way…**

**Leave marks where you have travelled…**

**Listen to the sound of your shoes**

**as you tread the way…**

**Then he said, ‘Come no closer!**

**Remove the sandals from your**

**Feet, for the place you on which you are**

**Standing is holy ground.’ Ex 3:5**

**Rest and reflect**

**Rest awhile**

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**Listen to the unsung song in your heart**

**Thank God for the tapestry of your life**

**The Lord went before them in a pillar of cloud by day, To lead them along the way, and in a pillar of fire by night, to give them light, so that they might travel by day and by night. Ex 13:21**

**The word – tree of light**

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**Choose a ‘flame’ from the Tree of Light**

**Words… Conversation… Story-telling…**

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**Chitter chatter…**

**What sacred story lights your path?**

**In the beginning was the Word, and the Word was with God, and the Word was God. Jn 1:1**

**Baggage**



**Imagine a bag on your back…**

**Carrying too much?**

**Unresolved issues?**

**Weighed down by clutter?**

**Take nothing for your journey, no staff, nor bread,**

**nor bag, nor money – not even an extra tunic.**

**Lk 9:3**

**Stones**

**The path may be stony…**

**… strewn with rocks**

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**Obstacles too great to overcome?**

**Or Stepping stones to new possibilities?**

**If God sends you down a stony path,**

**May He give you strong shoes.**

**Plants/flowers**

**Who or what feeds you?**

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**Look at the birds of the air; they neither sow nor reap nor gather into barns, and your heavenly Father feeds them. Are you not of more value than they? Mt 6:26**