**A Prayer to Count our Blessings**

Heavenly Father help us to…

Count our blessings, not our crosses;

Count our gains, not our losses;

Count our joys, not our woes;

Count our friends, not our foes;

Count our courage, not our fears;

Count our laughs, not our tears;

Count our health and without fuss,

Count on You and Your love for us.

**Amen.**