

Table 3.  
Key Skills of Junior Cycle

### MANAGING MYSELF

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- Knowing myself
- Making personal decisions
- Setting and achieving personal goals
- Being flexible and being assertive
- Learning how to direct my own learning
- Using ICT to manage myself

### STAYING WELL

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- Being healthy, physical and active
- Being social and safe
- Being spiritual
- Being confident
- Being positive about learning
- Using ICT safely and ethically

### BEING CREATIVE

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- Imagining
- Exploring options and alternatives
- Implementing ideas and taking action
- Changing and taking risks
- Learning creatively
- Being creative through ICT

### COMMUNICATING

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- Listening and expressing myself
- Using language
- Using number
- Discussing and debating
- Communicating my learning
- Using ICT to confidently communicate

### WORKING WITH OTHERS

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- Relating effectively and resolving conflict
- Co-operating
- Respecting difference
- Contributing
- Learning with others
- Using ICT to work with others

### MANAGING INFORMATION AND THINKING

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- Being curious
- Gathering, recording, organising, and evaluating information
- Using information to solve problems and create new ideas
- Thinking creatively and critically
- Reflecting on and evaluating my learning
- Using ICT to access, manage and share knowledge